



London Sports Trust aims to inspire positive change for disadvantaged young Londoners through the power of sport, training & life skills to improve life outcomes as well as physical and mental health. We believe in young people's capacity to aspire and achieve to maximise their potential despite the barriers they face.

Our programmes:

Kensington & Chelsea

- London Youth Games
- Futsal
- Watersports
- Canalside Youth Club
- School games
- SEND Sessions
- Change 4 Life
- Community Sessions
- Nursery Sessions

Hammersmith & Fulham

- CSA Multi-sports Sessions
- Place2Play



Safe Camp:



Safe Camp is our holiday sports camp. These Safe Camps take place in various locations throughout Hammersmith & Fulham and RBKC.

We are so excited for our October half term camp. There will be so many exciting activities taking place during the week such as skateboarding lessons, trampolining, kayaking, football with a QPR coach and a trip to Imperial College for a day of designing!

Follow our Instagram to see highlights throughout the week- @Ldnspportstrust. We hope everyone has a wonderful half term whatever you get up to!



London Youth Games:

The LYG Cross Country event saw over 100 children trial for the team! Everyone ran so well and it was a very competitive day. Thank you for parents and teachers for bringing your children down.

Well done to everyone that made the team! We hope you're as excited as us for the competition.



There are plenty more sports to get involved with across the season including handball, swimming and football. Please scan this QR code to see the extensive list and register your interest.



If you would like any more information or have any questions please email amelia@londonsportstrust.org.

LONDON YOUTH GAMES
Represent Kensington and Chelsea

- 26 sports including 5 para sports
- Free kit
- Trials
- Competition
- Medals

Upcoming sports:

- Cross country
- Trampoline
- Indoor cricket

REGISTER YOUR INTEREST NOW

EMAIL AMELIA@LONDONSORTSTRUST.ORG FOR MORE DETAILS

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Futsal Sessions Timetable 2024

FREE SESSIONS!

(FOR AGES 5-16)

SEE BELOW FOR DETAILS



Futsal Taster Sessions in RBKC

Westway Sports Centre W10 6RP Sign up here!

Tuesday: Ages 5-8 - 4.30-5.30pm and Ages 9-12 - 5.30-6.30pm

Thursday: Ages 5-8 - 4.30-5.30pm and Ages 13-16 - 5.30-6.30pm

Friday: Ages 9-12 - 4.30-5.30pm and Ages 13-16 - 5.30-6.30pm

For more information please contact Rob at rob@londonsportstrust.org or call 0208 968 4500



Join Our Free Futsal Sessions!

We're excited to announce our partnership with England Futsal to bring you an amazing opportunity for anyone aged 8-16!

- Free Futsal Sessions: Perfect for all skill levels—come learn, play, and have fun!
- Expert Coaching: Benefit from professional guidance to enhance your skills and understanding of the game.
- Make New Friends: Meet fellow young athletes and enjoy the thrill of teamwork and competition.

Don't miss out on this fantastic chance to get active and improve your futsal game!

Sign up now and join us for an unforgettable experience!

If you would like any more information or have any questions please email rob@londonsportstrust.org.

Queensmill Sessions-

We are thrilled to announce our new partnership with Kensington Queensmill School, bringing sporting sessions to their SEND students. These sessions allow the students to travel independently to our facility, where they engage in a variety of sports tailored to their needs.

Our team is working closely with the wonderful staff at KQ exploring different methods to ensure every child feels included, learns something new, and has a fantastic time. The response has been overwhelmingly positive, and we couldn't be happier with the progress we're seeing.

We are excited to continue this journey and look forward to expanding these sessions even further. Stay tuned for more updates on our activities and achievements!



Kensington
Queensmill School

Watersports:



☀️ Join Us for a Magical Bonfire Night Kayak Adventure on the Thames! ☀️

November 2nd, experience fireworks like never before! Glide along the Thames in our beautifully lit kayaks as you watch the night sky explode with colour.

☀️ What's Included?

- Kayaking under the stars: Enjoy a unique vantage point of the stunning fireworks display.
- Delicious Treats: Savour hot chocolate, indulge in Baileys, and enjoy tasty pizza to keep you warm and cosy.
- Community Fun: Meet new friends, share laughter, and create unforgettable memories on this special night.

Don't miss out on this magical evening filled with warmth, excitement, and spectacular views!

🔗 Only a few tickets left so book now and let's make Bonfire Night one to remember.

Please note this is for adults only.

You can book via the QR code or visit our website at www.londonsportstrust.org
Call John on 020 8968 4500 for more information.

Cremorne and Fulham Reach Sessions:

As winter approaches, we wanted to let you know that our kayaking sessions have officially come to a close for the season. We'll be back in March, ready to paddle into another exciting season!

Thank you all for making this season so enjoyable. We hope you've had as much fun as we have! A huge shoutout to everyone who attended our sessions, as well as our incredible staff and supportive parents—your enthusiasm and commitment made it all possible.

Stay warm, and we can't wait to see you back on the water in the spring!



Canalside Youth Club:

Wednesday 17:00-19:30 at Canalside Activity Centre

Canalside Youth Club is still on! Free youth club for ages 8-16: activities include kayaking, multi-sports, football, table tennis, basketball, coding, board games, cooking, arts & crafts and more!

Free hot food and access to showers. New changing facilities have been installed at Canalside Activity Centre, including a changing bench and hoist, and a waterside hoist unit mobile transporter and lifting wire.



Sign up via the QR code or
Email ericelondonsportstrust.org
for more details



School Games:

Our school games mission is to put physical activity and competitive sport at the heart of schools and provide young people with the opportunity to compete and achieve their personal best.

The dates for the following events and competitions to be held over the autumn term:

- U16s Boys Basketball (St Charles sixth form college): 28/11
- KS4 Boys Futsal (Westway Sports Centre - W10 6RP): 29/11
- U14s Girls Basketball (St Charles sixth form college): 3/12
- KS3 Girls Futsal (Westway Sports Centre - W10 6RP): 6/12
- KS3 Boys Futsal (Westway Sports Centre - W10 6RP): 10/12
- U14s Boys Basketball (St Charles sixth form college): 11/12
- KS4 Girls Futsal (Westway Sports Centre - W10 6RP): 17/12



We are then running weekly after-school leagues (to start after half-term):

- After-school netball league (KS3 Year 8&9) - Mondays: 4pm-5pm at Holland Park School
- Girls after-school football league (KS3 - Year 7&8) - Thursdays: 4pm-5pm at Holland Park School.

H&F CSA Community Sessions:

CSA SESSION TIMETABLE 2024




FREE Community Sport Sessions in H&F

Peabody Hammersmith Estate W6 9QT	Monday	5-6pm
Powerleague (Football) W12 7RW	Tuesday	5-6pm
Powerleague (Football) W12 7RW	Wednesday	6-7pm
Lytton Estate (Multi sports) W14 8SZ	Wednesday	6.30-7.30pm
Edward Woods W11 4TX	Thursday	6-7pm

Sign up here! 

For more information please contact
admin@londonstrust.org or call 0208 735 1589



RBKC Community Sessions-

KENSINGTON & CHELSEA COMMUNITY SPORT SESSIONS



MONDAY
World's End Estate (SW10 ODS)
 4-7pm
 Ages 7-10 and 10-13

WEDNESDAY
World's End Estate (SW10 ODS)
 5-7 pm
 Ages 11-13

Canalside Youth Club (W10 5AY)
 5-7.30pm
 Ages 8-16

THURSDAY
 Football at Westway (W10 6RP)
 4-5pm
 Ages 11-14

Futsal at Westway (W10 6RP)
 4.30-6.30pm
 Ages 5-8 and 13-15

FRIDAY
Hazelwood Estate (W10 5DU)
 3.30-7pm
 Ages 6-12 and 12-16

Westway (W10 6RP)
 5.15-7pm
 Ages 8-13

Futsal at Westway (W10 6RP)
 4.30-6.30pm
 Ages 9-12 and 13-15

Lancaster Youth Club (W11 1QS)
 6-9 pm
 Ages 11-18

FOR MORE INFORMATION EMAIL
ROB@LONDONSPORTSTRUST.ORG OR CALL 02089684500

WWW.LONDONSPORTSTRUST.ORG

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